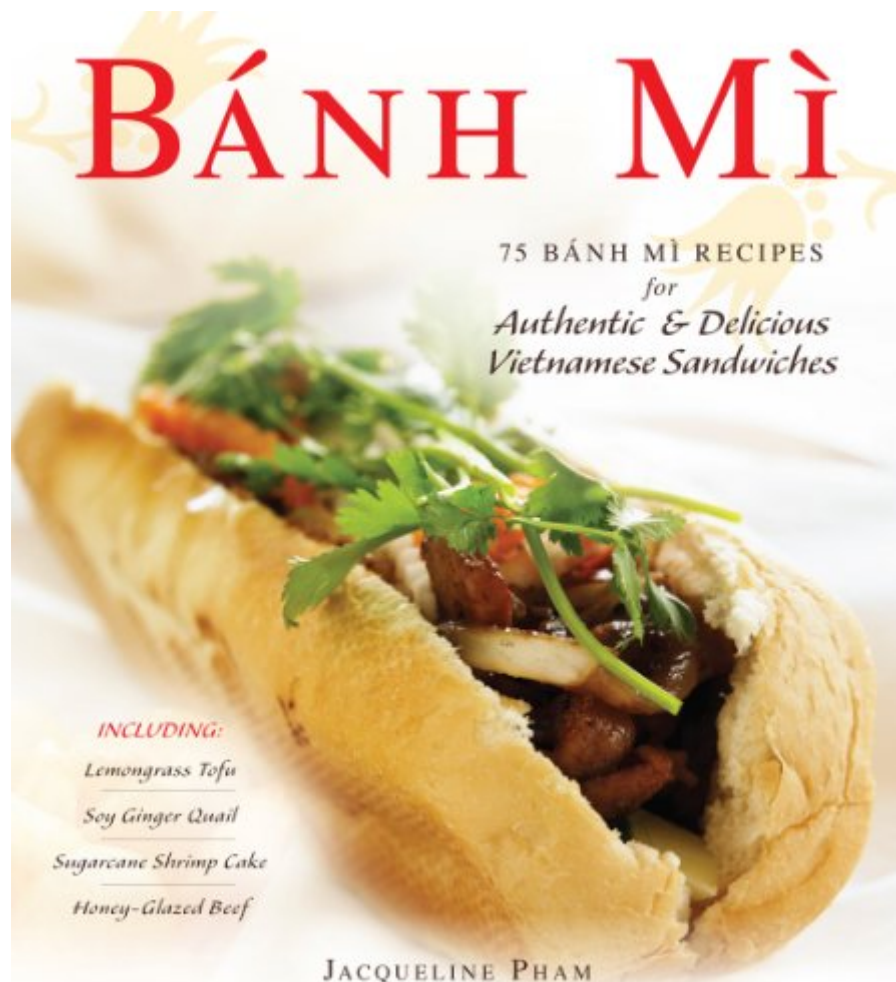


The book was found

# Banh Mi: 75 Banh Mi Recipes For Authentic And Delicious Vietnamese Sandwiches Including Lemongrass Tofu, Soy Ginger Quail, Sugarcane Shrimp Cake, And Honey-Glazed Beef





## Synopsis

The quintessential Vietnamese street food--in your own home! Indulge in the intoxicating aroma and exotic taste of a freshly baked baguette topped with savory pork, bright cilantro, and thin strips of pickled carrots and daikon. With Banh Mi, you can enjoy these flavorful Vietnamese sandwiches without ever having to step out of your home. From vegetarian options to meat-filled sandwiches, this book will provide you with step-by-step instructions for creating 75 delicious banh mi recipes, including: Spicy eggplant tofu Vietnamese-style chicken curry Char siu barbecue pork Mango grilled shrimp Complete with recipes for classic Vietnamese pickled condiments, flavorful sauces, fresh baked breads, and classic sides, Banh Mi brings the essential tastes of true Vietnamese cuisine into your kitchen!

## Book Information

File Size: 4026 KB

Print Length: 160 pages

Publisher: Adams Media (June 18, 2013)

Publication Date: June 18, 2013

Sold by:Â Digital Services LLC

Language: English

ASIN: B00E6EBAL4

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #206,681 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #10

inÂ Kindle Store > Kindle eBooks > Cookbooks, Food & Wine > Regional & International > Asian > Vietnamese #26 inÂ Books > Cookbooks, Food & Wine > Asian Cooking > Vietnamese #97 inÂ Books > Cookbooks, Food & Wine > Main Courses & Side Dishes > Burgers & Sandwiches

## Customer Reviews

Bought it for my wife and she loves it! Clear and concise instructions that are easy to follow! For me, it has pictures! :)Update: just read one of the reviews stating that he does not have the book. I am looking at the book and I would say that the titles do not tell the tale. Granted that there are non-traditional bÃ¡nh mÃ— things such as croissant and stuffs in Chapter 1 for breakfast and what to

drink in Chapter 7; however, chapters 2-6 are recipes of Vietnamese dishes that the author showed can be served with the baguette. These are different twists to the old bbq pork with paté bánh mì! Is it traditional bánh mì? No, there isn't anything that is traditional bánh mì! Growing up in Sài Gòn, we used to put left overs (not much choice back then ;) ) into baguette for our lunch to bring to school the next day! If I am not mistaken, bbq pork (thịt nướng) and cilantro are from China, paté, Maggi soy sauce, and baguette are from France. So, the authentic part of bánh mì comes from how Vietnamese have taken what is tasty from the rest of the world and created an affordable, delectable meal! Isn't it what Ms. Pham has done? :) Btw, bánh mì means bread, but it is so happened that it refers mostly to the French baguette. My personal favorite when it comes to bánh mì is bánh mì with bbq pork belly (thịt ba chỉ nướng) with paté, pepper, dưa chua (pickled carrot & daikon), thin slices of cucumber, and Maggi soy sauce. Now, that's traditional bánh mì in my book.

Six or seven years ago, if I wanted a banh mi sandwich, I had to work to get it. Drive 40 miles or so from my small town to my nearest metropolis with a sizeable Vietnamese population. It was only available in a select few stores. I would buy the shrink wrapped versions five or six at a time and take them back to my little burg, and occasionally, I might share them with a friend. Now, the banh mi is, dare I say it, almost ubiquitous, due to its rapidly escalating popularity. Unfortunately some of us still need to drive 30-40 miles to get one, but the number of outlets, and the variety of the sandwiches themselves, is 10 times greater than it used to be. That's why I was very interested in Jacqueline Pham's new book, which is clearly designed to make it possible to recreate not just the sandwich, in its many permutations, but the entire banh mi experience. Ms. Pham, a well known blogger, photographer, food developer and self promoter, has done an admirable job with this book. Recipes for everything from bread to meat, poultry, seafood, vegetables and condiments is included, as well as additional options for breakfast, brunch, sweets and beverages. Good things do occasionally require a commitment of time, and the recipes in this book that I've made so far are well worth it. The char siu pork is one of the best I've ever tasted and the friends I've served it to agreed whole heartedly. It required an overnight marinade, but I'm sure the pork shoulder bathing in that marinade appreciated it. The chicken salad recipe started with boiling an entire chicken, plus additional dark meat pieces, in a host of aromatics and seasonings you probably expect and at least one, mushroom salt, I'd never used before. It's sort of a vegetarian msg substitute, which lends a subtle saltiness to water.

[Download to continue reading...](#)

Banh Mi: 75 Banh Mi Recipes for Authentic and Delicious Vietnamese Sandwiches Including Lemongrass Tofu, Soy Ginger Quail, Sugarcane Shrimp Cake, and Honey-Glazed Beef CAKE COOKBOOK: The Top 100 Cake Recipes: cake recipes, cake cookbook, cake cook book, cake recipe, cake recipe book, delicious cake recipes Vietnamese Cooking: 20 Vietnamese Cookbook Spring Rolls and Other Vietnamese Recipes (Vietnamese Cuisine, Vietnamese Food, Vietnamese Cooking, Vietnamese ... Vietnamese Kitchen, Vietnamese Recipes) Easy Vietnamese Cookbook: 50 Authentic Vietnamese Recipes (Vietnamese Recipes, Vietnamese Cookbook, Vietnamese Cooking, Easy Vietnamese Cookbook, Easy Vietnamese Recipes, Vietnamese Food Book 1) cakes: The Ultimat 200 cake recipes(cake recipes, cake pop crush, cakes books, cake pops, cake pops, mug cakes, mug cakes cookbook, mug cakes low carb, ... Pies, Pizza, cooking recipes Book 1) Dump Cakes: Dump Cake Cookbook For 75 Easy Cake Recipes (Cake Recipe Book, Easy Cake Recipes, Dump Cake Cookbook) Easy Coffee Cake Recipes: - 20 Delicious Recipes with Cream, Blueberries, Chocolate, Streusel (Coffee Cake,Coffee Cakes,Recipe for Coffee Cake,Delicious ... Streusel, Crumb Coffee Cake) Book 4) Vietnamese Food: Chicken Noodle Soup & Sandwiches (aka Pho & Banh Mi) - Recipes for people who love to eat Little Vietnam: From Lemongrass Chicken to Rice Paper Rolls, 80 Exciting Vietnamese Dishes to Prepare at Home [Vietnamese Cookbook] SHRIMP AQUARIUM: The All In One Guide to a Successful Fresh Water Shrimp Aquarium. Cooking with Ginger: Top 50 Most Delicious Ginger Recipes (Recipe Top 50's Book 87) Lemongrass and Ginger Cookbook: Vibrant Asian Recipes Beekeeping: An Introduction to Building and Maintaining Honey Bee Colonies (2nd Edition) (beehive, bee keeping, keeping bees, raw honey, honey bee, apiculture, beekeeper) Delicious Cake Mix Cookie Recipes! (Delicious Cake Mix Desserts! Book 1) Authentic Recipes from Vietnam: [Vietnamese Cookbook, Over 80 Recipes] (Authentic Recipes Series) Cake Decorating: For Beginners! Simple Techniques & Projects To Decorate Cakes, Cupcakes & Cookies (Baking, Cake Decorating, Wedding Cake, Party Planning) VIETNAMESE VEGETARIAN FOOD - OUR FAMILY VEGETARIAN RECIPES: VEGETARIAN FOOD RECIPES FROM OUR VIETNAMESE HOME - VEGETARIAN FOOD RECIPES VEGAN RECIPES ASIAN ... RECIPES ASIAN VEGAN SERIES Book 1) Vietnamese Food.: Vietnamese Street Food Vietnamese to English Translations Reclaiming Vietnam with Vietnamese Cookbook: Bringing the World of Authentic Vietnamese Recipes at your Kitchen!! Honey Crafting: From Delicious Honey Butter to Healing Salves, Projects for Your Home Straight from the Hive